Public Health Nursing Clinics in Your School

NHS
Hampshire and Isle of Wight Healthcare
NHS Foundation Trust

The Hampshire Public Health Nursing Service work collaboratively with parents, children and young people to support health and wellbeing needs. Our aim is to look at ways we can make our service more accessible to families by offering a public health clinic at your child's school. This will provide the opportunity for you or your child to make an appointment with a registered public health nurse/public health advisor to discuss any aspect of their health and wellbeing.

We offer an individualised episode of care up to 4 contacts regarding the following:

- Emotional health and well-being
- Healthy weights and lifestyles

We offer advice and signposting regarding the following:

- Physical and Emotional Health and well being
- Healthy weights and lifestyles
- Support during transition through school
- Relationships, sexual health, and substance misuse
- Parenting advice: accident prevention, sleep, behaviour and signposting for continence support
- Children and young people with complex or additional health needs
- Support for children and young people not in school, in accessing the Healthy Child Programme.

Confidentiality will be maintained with yourself or your child unless …

- You allow us to share with other named people
- Something has happened to you or your child that has made you scared or unsafe
- Someone has hurt you or your child
- You are worried about someone

Written records following the meeting between are kept electronically.
These are confidential Health Records that can only be accessed by other Health Professionals who need to know information to support your care.

If you or your child would like to meet with a public health nurse or advisor, please let the school know.

We look forward to seeing you at our upcoming events and working together to support the health and wellbeing of your young people. Your involvement makes all the difference.