



Annual flu vaccination

We are coming to South Farnborough Junior School on Monday 5th October to give pupils their annual flu vaccination and would like your consent to vaccinate your child.

How to respond

It's important to let us know whether you do or do not want your child to have the vaccination. It will take less than 5 minutes to respond using the link below.

Flu Vaccination Form

<https://www.hiowhealthcareimmunisations.co.uk//Forms/Flu?schoolcode=SH116155>

Please respond by **Thursday 1st October** . Please enter the Year group that your child is currently in.

If you cannot use the online form, you can respond over the phone using the contact details below.

About the children's flu vaccine

The vaccine protects against flu, which can cause serious health problems such as bronchitis and pneumonia. It is recommended for children from Reception to Year 11 every year.

[Find out more about the children's flu vaccine on NHS.UK](#)

You can also find a range of [information resources about the vaccine on GOV.UK](#), including in other languages.

How the vaccine is given

Most children are given the vaccine as a nasal spray. This is a quick and painless spray up the nose and offers the best protection against flu.

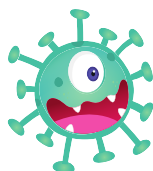
The nasal spray contains a small amount of gelatine derived from pigs (porcine gelatine). If your child does not use gelatine products, or cannot have the nasal spray for medical reasons, you can choose an alternative injected vaccine that has no gelatine or any other animal product. You can request this in the consent form. This vaccine will be given at the session in school. Please contact either the school immunisation team or your school if you want to be present for this.

[Find out more about the use of gelatine in the flu vaccine \(including the views of faith communities\)](#)

If you need to contact us

Speak to a member of our team by calling 02382 318318 or email hiowh.neimms@nhs.net

From the NHS School Age Immunisation Service



School Age Immunisation Service



Get protected against flu



FLU: 5 REASONS TO GET PROTECTED AGAINST FLU

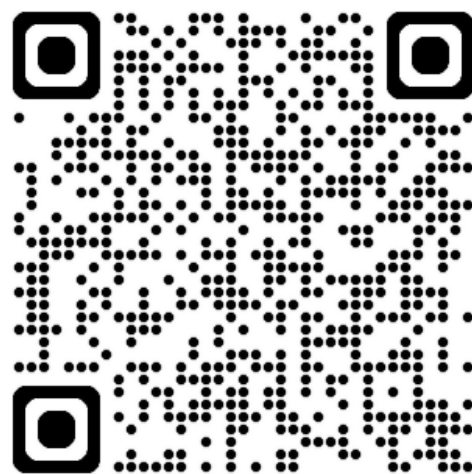
1. Protect your child - The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia.
2. Protect you, your family and friends - Having the vaccine will help protect more vulnerable friends and family.
3. No injection needed - The nasal spray is painless and easy to have.
4. It's better than having flu - The nasal spray helps protect against flu and has been given to millions worldwide
5. Avoid costs - If your child gets flu, you may have to take time off work or arrange alternative childcare



The Immunisation team will be coming to the school to administer the flu nasal spray* to the students on:



*A porcine free injection is available



Scan the QR code to complete a flu consent form (even if you wish to opt out)

School Code

For more information, visit our website:

www.healthforkids.co.uk/hampshire/annual-nasal-flu-vaccination-programme/