

South Farnborough Junior School

Cunnington Road

Farnborough

Hampshire GU14 6PL

Telephone: 01252 545682

www.southfarnborough-jun.hants.sch.uk

Email: adminoffice@southfarnborough-jun.hants.sch.uk



Headteacher: Mrs J Byrne

19th June 2026

Dear Parents and carers,

As a part of your child's education at South Farnborough Junior School, we promote personal wellbeing and development through our Personal development learning (PDL) curriculum. PDL is the curriculum subject that gives young people the knowledge, understanding, strategies and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, later this half term, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme.

In Year 6 pupils will learn:

- about the changes that occur during puberty.
- which values are important in healthy relationships.
- the roles and responsibilities of carers and parents
- where to find support and advice when they need it.
- how a baby is made and grows (conception, pregnancy and IVF).

To support our teaching we use clips from BBC's Operation Ouch series. We invite you to have a look at the videos we use clips from so you can support your children at home.

<https://www.bbc.co.uk/teach/class-clips-video/articles/zhtnydm>

PDL is taught throughout the school in every year group and is monitored and reviewed yearly. Please visit the school's website for more detail about our PDL curriculum and our Relationships and health policy.

[PDL Curriculum](#)

[Relationships and Health Education Policy](#)

All PDL teaching takes place in a safe learning environment and is underpinned by our school ethos and values. If you would like to find out more, please contact the school and we can discuss it together.

Yours sincerely,

Mrs Granfield

PDL subject coordinator

