

South Farnborough Junior School

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Headteacher: Mrs J Byrne

19th June 2026

Dear Parents and carers,

As a part of your child's education at South Farnborough Junior School, we promote personal wellbeing and development through our Personal development learning (PDL) curriculum. PDL is the curriculum subject that gives young people the knowledge, understanding, strategies and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, later this next half term, your child's class will be taking part in lessons which will focus on the relationships and health education aspect of this programme.

In Year 3 pupils will learn:

- to understand and respect the differences and similarities between people.
- to understand that everybody needs to be cared for and ways in which they care for others.
- about different types of family and how their home-life is special.

PDL is taught throughout the school in every year group and is monitored and reviewed yearly. Please visit the school's website for more detail about our PDL curriculum and our Relationships and health policy.

[PDL Curriculum](#)

[Relationships and Health Education Policy](#)

All PDL teaching takes place in a safe learning environment and is underpinned by our school ethos and values. If you would like to find out more, please contact the school and we can discuss it together.

Yours sincerely,

Mrs Granfield

PDL subject coordinator

